

Northumberland  
Dog Rescue



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Dog Rescue

Welcome to your  
monthly newsletter

July 2023

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# Spotlight on our supporters



## John's Paws

My name is John and I'm a dog trainer, based in Morpeth but born in France.

For as long as I can remember I have dedicated my life to animals, but mainly dogs since coming to live in the UK for the last 10 years.

I ran my own animal sanctuary back in France where I was able to develop my own skills and techniques in understanding animal behaviour.

I now combine all of my experience to offer a unique way of dog training.

Here at Johns Paws we offer a range of services varying from Dog Walking, 1 to 1 training, basic training, obedience training, puppy classes and home visits too. Every dog has their own personality so all training plans are customised.

We also recognise that it's not just the dog that needs to learn, but also the owner in order for the dog to progress.

During training we ensure that you develop the skills in order to communicate and understand your dog effectively.

Here at Johns Paws we pride ourselves in making a difference to every dog we train but also to the owner too.

Facebook: <https://www.facebook.com/happy.hounds.96>

Website: <https://johns-paws.business.site/>

# Success Story of the Month



## Bobby

Bobby first came into us in May 2020, he had belonged to an older couple who's daughter had taken the dog off them as she didn't approve of how they looked after him. They didn't walk him so he would 'play up' and they would hit him with a slipper.

When Bobby came into us he was quite clingy and anxious, Bobby was 1st adopted after the usual vet treatment and assessment, 6 months later they demanded we took him back.

Bobby came back in with an issue with doors which he had never had before, this took a lot of work to manage but we had something in place that worked.

Again Bobby went out on trial and it was going so well until one day he bit the lady.

Bobby came back in and he was taken off the rehoming list while we got to the bottom of this.

Working with just one volunteer to keep consistency with her taking him out and putting him in different situations we could see what triggered Bobby.

Although Bobby doesn't always outwardly show his anxiety, for example you could walk him with another dog and he wouldn't react, however when he came back from the walk his anxiety would be through the roof.

We put Bobby back up for rehoming and a couple came forward, they had another dog so we had to do lots of meets but the personalities worked well together.

Bobby is now adopted and is loving his life, the couple are taking things at Bobby's pace and he is getting better all the time.

# Rescue Dog of the Month



## Jessie

Jessie is a 18 week old American bulldog puppy.

Jessie is deaf so is being trained with hand signals which she is picking up quickly.

She is a typical boisterous puppy and we are looking for someone who is around a lot to do the usual puppy training. She is very loving and affectionate.

She will be a big strong girl and due to her boisterousness and strength we would only consider a home with older children.

No cats or small dogs as she is too much for them.

She will have the typical bully stubbornness so early training is important.

An agreement will be put in place for her spaying when she is fully grown which the rescue will cover.

As always, if you feel you can offer Jessie or one of our dogs a loving home please email [northumberlandogrescue@gmail.com](mailto:northumberlandogrescue@gmail.com) with as much information about your home environment and the type of dog you're looking for and we'll get back to you when we have a suitable match

# *This month's event calendar*

## July 2023

Why not pop these dates into your diaries and come along and meet some of our 2 and 4 legged friends for a chat and a get together, none of us bite and it's always good to talk :-)

Throughout July

Grand Summer Raffle

Saturday 22nd  
Cake stall at  
Ellingham Packfest

Friday 28th

Smokey Blues Night at  
The Joiners Shop Bunkhouse, Ellingham  
with The Salmon City Blues Band

Sunday 30th & Monday 31st

Dog Sitting for guests at  
Bamburgh Castle



# Join The Club!

Win cash every month!  
Full details and entry at:

[www.northumberlanddogrescue.co.uk/100-club](http://www.northumberlanddogrescue.co.uk/100-club)

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100 CLUB WIN 100 CLUB

100 CLUB

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WIN CASH EVERY MONTH

*Ask us for details*

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Rescue Rehabilitate Rehome

# Spotlight On Our Team



## Jean

After being confined to the house for two years due to Covid and my late husband's cancer, it was a challenge to resume "normal" life again. I wanted to be useful, but I didn't want to have to talk much, not at the beginning anyway!

Dogs don't ask questions, they are totally in the present and accepting.

I knew of the kennels as it was where our old dog Tooshki had his holidays, and it was not far to travel. So, I've been volunteering an afternoon a week (most weeks) since March 2022, - in a previous life I worked with troubled adolescents and adults, and working alongside each dog's individuality and being led by them as to what they want from me every week feels comfortable.

They have given me far more than I have been able to give them.

When a four legged friend finds a new home I am so happy, and I am grateful for the opportunity of being able to be part of that second chance at being wanted and loved



# Events Volunteers Wanted



**Northumberland Dog Rescue**



Rescue Rehabilitate Rehome

Rescue Rehabilitate Rehome



## Volunteers Wanted



*We're Bamburgh Castle's  
Charity of the Year for 2023*

*Can you volunteer to help us at any of our  
events this year in the  
stunning settings of Bamburgh Castle*

*From pop up cafes to dog sitting  
to busking we need your help,*

*Can you help us help our rescue dogs?*

*Please contact us with your details on*  
**volunteers.ndr@gmail.com**



**Northumberland Dog Rescue**





# Human Benefits (1/3)

Over the previous 5 articles in this series, we've looked at dog adoption, from what they go through before finding their new forever home, to the benefits and risks of adopting from the canine point of view.

In this article let's look at the benefits of adopting from a 2-legged point of view.

How many times have you heard the phrase "I didn't rescue my dog, my dog rescued me"?



How is that possible though, how can a dog that has previously been abandoned show so much love and trust in another owner that they can rescue us?

I don't know the scientific answer to that, but I do know that's what they do from personal experience, after being rescued by my dog from the Northumberland Dog Rescue Centre last year.

Having not being owned by a dog for too many years, and after several personal life changing events, both physical and mental health issues had developed, fortunately for me a friend had adopted a dog and unwittingly persuaded me to do the same, hence Koda came into my life and completely turned it round again.

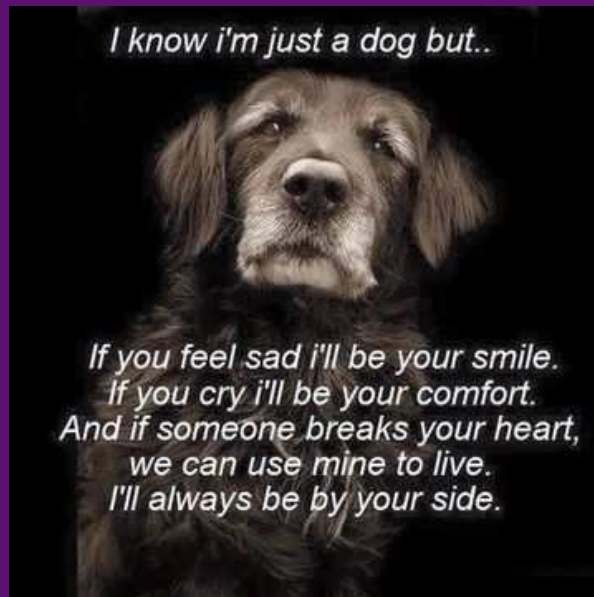
Gone were the days of boredom, loneliness, and lack of physical activity, just living day to day with no real purpose except to work and sleep,

They were replaced with fun, companionship, walks and planning our next adventures together.

# Human Benefits (2/3)



Once a rescue dog bonds with you and realises they can trust you, that bond is unbreakable. I know from personal experience that when a dog who has been mistreated puts their trust in you, it's a feeling of total privilege and joy.



How is this possible you may ask? Well, there have been scientific studies conducted which show that simply stroking your dog can reduce your blood pressure and stress levels, and playing with them can increase the levels of serotonin and dopamine your body produces, making you feel calm and relaxed. Walking the dog is a way to exercise and provides sufferers of anxiety and depression with a reason to leave the house, so without doing anything more than being themselves your rescue dog can rescue you.

Scientists also believe the secret lies in the positive feeling's dogs can produce, which enhance our ability to react more calmly to stress.

# Human Benefits (3/3)



A dog is a companion that will never judge you, will love you regardless of whatever happens and will always be there.

As well as making you feel great, their unconditional love raises your self-esteem because of the affection they show you.

It is said that animals know when they have been rescued, so the bond between you and your rehomed dog will be especially strong.

If you think you can rescue a dog and provide both you and it with a new loving home please don't hesitate to email [northumberlandogrescue@gmail.com](mailto:northumberlandogrescue@gmail.com) with as much information about yourself and your home environment and your preferred type of dog and we'll get back to you..





# Grand Summer Raffle

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## Summer Raffle

*Buy tickets via Paypal*

Prizes include

- |                        |                         |
|------------------------|-------------------------|
| Alnwick Castle tickets | Indoor photo shoot      |
| Food/drink Hampers     | Sea Stone Pet Portraits |
| Ropelet bracelets      | Bamburgh Castle tickets |
| Outdoor photo shoot    | Local artist artwork    |
| Pet treats             | Cafe/tea Room vouchers  |
| Personalised Cakes     | Pub vouchers            |

Plus more to be announced

All proceeds go to Northumberland Dog Rescue



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Rescue Rehabilitate Rehome

Rescue Rehabilitate Rehome



# Ways you can help

## *Amazon:*

The next time you're shopping for your essentials on Amazon, please check out our wish list for our essentials :-)

[Amazon wish list](#)

## *Volunteering:*

Are you able to spare a couple of hours either on a regular basis or even just occasionally on an ad-hoc basis?

Volunteering can take many forms:

- Helping care for our rescues at the centre
- Shaking a collecting bucket at events
  - Helping at our shop in Amble
- Hosting a coffee morning at home

The volunteering options are endless, if you want to help and/or have any other ideas in how you can help us to help the dogs in our care please contact

[volunteers.ndr@gmail.com](mailto:volunteers.ndr@gmail.com)

## *Donations*

Donations are the lifeblood of every charity and allow us to continue our work rehabilitating and re-homing our dogs. Every donation, great or small helps.

[Donate here:](#)

# *The care spot*

*People that say  
money can't buy you love  
and happiness*

*have never paid  
an adoption fee*



*#rescuedontbuy*